

(Not many go the extra mile...so there's not much traffic.)-Roger

There are some great moments in sports and victories.-Michel de Montaigne

The man who complains about the way the ball bounces is likely the one who dropped it.- Lou Holtz

Football doesn't build character. It eliminates weak ones. -Darrell Royal (Texas Longhorn Head Coach)

See that look in their eyes, Rock? You gotta get that look back, Rock. Eye of the tiger, man.-Apollo Creed

It's not the size of the dog in the fight, it's the size of the fight in the dog.-Archie Griffen

You can't live a perfect day without doing something for someone who will never be able to repay you.-John Wooden

Listen, Lupus, you didn't come into this life just to sit around on a dugout bench, did ya? Now get your (bleep) out there and do the best you can.-Walter Matthau as Coach Buttermaker

Sometime, Rock, when the team is up against it, when things are going wrong and the breaks are beating the boys- tell them to go in there with all they've got and win just one for the Gipper. I don't know where I'll be then, Rock. But I'll know about it, and I'll be happy." - George "The Gipper" Gipp

One man practicing sportsmanship is far better than 50 preaching it.-Knut Rockne

No one has a DIS-ability...everyone has an A-bility.-Coach Kathy

A pat on the back is only a few vertebrae removed from a kick in the pants, but is miles ahead in results.- Ella Wheeler Wilcox, author and poet

We hug, we kiss, we love. And when people say to me how do you get through life or each day, it's the same thing. To me, there are three things we all should do every day. We should do this every day of our lives. Number one is laugh. You should laugh every day. Number two is think. You should spend some time in thought. And number three is, you should have your emotions moved to tears, could be happiness or joy. But think about it. If you laugh, you think, and you cry, that's a full day. That's a heck of a day.-Jimmy V

If I were to say, "God, why me?" about the bad things, then I should have said, "God, why me?" about the good things that happened in my life.-Arthur Ashe

A life is not important except in the impact it has on other lives."-Jackie Robinson

I'm out there busting my buns every night. Tell your old man to drag Walton and Lanier up and down the court for 48 minutes."-Kareem as Roger Murdoch (don't judge until you've walked a mile in another man's shoes.)

A humble athlete, IF he scores, doesn't run away from his teammates...no...he actually runs right TO his teammates and says, "let me make something very clear, right now...apart from all YOU did previous to THAT, that doesn't happen and I want to say...thanks. We did this as a team. That's a humble athlete.-CJ Mahaney, Pastor, Sovereign Grace

Other people may not have had high expectations for me... but I had high expectations for myself.-Shannon Miller
Adversity cause some men to break; others to break records-William A. Ward

Competing in sports has taught me that if I'm not willing to give 120 percent, somebody else will.-Ron Blomberg

Walk on road, hmm? Walk left side, safe. Walk right side, safe. Walk middle, sooner or later, get squish just like grape. Here, karate, same thing. Either you karate do "yes", or karate do "no". You karate do "guess so", [makes squish gesture] just like grape. Understand?-Mr. Miyagi

My mother taught me very early to believe I could achieve any accomplishment I wanted to. The first was to walk without braces on my legs.-Wilma Rudolph

The will to win is important, but the will to prepare is vital.-Joe Paterno

A player who conjugates a verb in the first person singular cannot be part of the squad, he has to conjugate the verb in the first person plural. We.-Vanderlie Luxemburgo

Even if you are on the right track, you'll get run over if you just sit there.-Will Rogers

An athlete cannot run with money in his pockets. He must run with hope in his heart and dreams in his head.- Emil Zatopek

Do not let what you cannot do interfere with what you can do.-John Wooden

It's easy to have faith in yourself and have discipline when you're a winner, when you're number one. What you got to have is faith and discipline when you're not a winner.-Vince Lombardi

First, become a winner in life. Then it's easier to become a winner on the field.-Tom Landry

Don't let good enough be good enough.-Bill Parcells

This is where they fought the battle of Gettysburg. Fifty thousand men died right here on this field, fighting the same fight that we are still fighting among ourselves today. This green field right here, painted red, bubblin' with

pouring right through their bodies. Listen to their souls, men. I
red destroyed my family. You listen, and you take a lesson from the
this hallowed ground, we too will be destroyed, just like they were. I
You will respect each other. And maybe... I don't know, maybe we'll

learn to play this game like men.-Coach Boone, Remember the Titans

Anytime you have an opportunity to make a difference in this world and you don't do it, you are wasting your
time on this earth."-Roberto Clemente

Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it.
Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an
imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it
under control, lest after preaching to others I myself should be disqualified.-Paul-1Corinthians 9:24-27 ESV

Smile well and often, it makes people wonder what you've been up to.-Satchel Paige

The secret of winning football games is working as a team. I play not my 11 best, but my best 11.-Knut Rockne
People always say to me, 'When you get to the NBA, don't forget about me.' Well, I should've said back, 'If I don't
make it to the NBA, don't you forget about me.' "-William Gates in Hoop Dreams

Fans, for the past two weeks you have been reading about the bad break I got. Yet today I consider myself the
luckiest man on the face of this earth. I have been in ballparks for seventeen years and have never received
anything but kindness and encouragement from you fans. Look at these grand men. Which of you wouldn't
consider it the highlight of his career just to associate with them for even one day?

When you have a wonderful mother-in-law who takes sides with you in squabbles with her own daughter - that's
something. When you have a father and a mother who work all their lives so you can have an education and build
your body - it's a blessing. When you have a wife who has been a tower of strength and shown more courage
than you dreamed existed - that's the finest I know. So I close in saying that I may have had a tough break, but I
have an awful lot to live for.-Lou Gehrig

Success is never permanent, and failure is never final.-Mike Ditka

My favorite part of the game is the opportunity to play.-Mike Singletary

Show me a guy who's afraid to look bad, and I'll show you a guy you can beat every time.-Lou Brock

You can do it!-Bela Karolyi to Kerri Strug at the 96 Olympic Games.

If you put your effort and concentration into playing to your potential, to be the best that you can be, I don't care
what the scoreboard says. At the end of the game, in my book, we're gonna be winners.-Coach Dale, Hoosiers

Why must I go through so much? At that moment a voice came over me and said, Look up, get up, and don't ever
give up. You tell everyone or anyone that has ever doubted, thought they did not measure up or wanted to quit,
you tell them to look up, get up and don't ever give up.-Michael Irvin

Doctors and scientists said that breaking the four-minute mile was impossible, that one would die in the attempt.
Thus, when I got up from the track after collapsing at the finish line, I figured I was dead.-Roger Bannister

It's what you learn after you know it all the counts.-John Wooden

Treat a person as he is, and he will remain as he is. Treat him as he could be, and he will become what he should
be.-Jimmie Johnson

I firmly believe that any man's finest hour, the greatest fulfillment of all that he holds dear, is that moment when
he has worked his heart out in a good cause and lies exhausted on the field of battle - victorious.-Vince Lombardi

The only place success comes before work is in the dictionary.-Vince Lombardi

Don't give up, don't ever give up. And that's what I'm going to try to do every minute that I have left. I will thank
God for the day and the moment I have. And if you see me, smile and maybe give me a hug. That's important to
me too. But try if you can to support, whether it's AIDS or the cancer foundation, so that someone else might
survive, might prosper, and might actually be cured of this dreaded disease. Cancer can take away all my
physical ability. It cannot touch my mind; it cannot touch my heart; and it cannot touch my soul. And those three
things are going to carry on forever.-Jimmy V

Being perfect is about being able to look your friends in the eye and know that you didn't let them down, because
you told them the truth. And that truth is that you did everything that you could. There wasn't one more thing that
you could've done. Can you live in that moment, as best you can, with clear eyes and love in your heart? With joy
in your heart? If you can do that, gentlemen, then you're perfect.-Billy Bob Thorton, Friday Night Lights

People say that it can't work, black and white; well, here we make it work, every day. We have our disagreements,
of course, but before we reach for hate, always, always, we remember the Titans.-Coach Boone
People will tell you that I overcame obstacles? Maybe. But the truth is I was incredibly blessed in my life. More
was given than was ever taken away.-Jim Abbott

I find that the harder I work, the more luck I seem to have.-Thomas Jefferson

Nobody ever drowned in sweat.-Kelly Marshall

...ne win. It happened to be me. But I want you to do more than just
...nt to compare faith to running in a race. It's hard. It requires
...erience elation when the winner breaks the tape - especially if
...last? You go home. Maybe you're dinner's burnt. Maybe you
haven't got a job. So who am I to say, "Believe, have faith," in the face of life's realities? I would like to give you something more permanent, but I can only point the way. I have no formula for winning the race. Everyone runs in her own way, or his own way. And where does the power come from, to see the race to its end? From within. "Behold, the Kingdom of God is within you. If with all your hearts, you truly seek me, you shall ever surely find me." -Eric Liddell, Chariots of Fire

I want God to bless this team so much people will talk about what He did. But it means we gotta give Him our best in every area. And if we win, we praise Him. And if we lose, we praise Him. Either way we honor Him with our actions and our attitudes. So I'm askin' you... What are you living for? I resolve to give God everything I've got, then I'll leave the results up to Him. I want to know if you'll join me. -Grant Taylor, Facing the Giants

Hard work and togetherness. They go hand in hand. You need hard work because it's such a tough atmosphere. You need togetherness because you don't always win and you gotta hang tough together. - Tony Dungy

The finish line is sometimes merely the symbol of victory. All sorts of personal triumphs take place before that point, and the outcome of the race may actually be decided long before the end. -Laurence Malone

It doesn't matter who scores the points, it's who can get the ball to the scorer. -Larry Bird

It is normal to enjoy praise and dislike criticism. True character is when you prevent either from affecting you in a negative manner. -John Wooden

You can't get much done in life if you only work on the days when you feel good. -Jerry West

Never let your head hang down. Never give up and sit down and grieve. Find another way. And don't pray when it rains if you don't pray when the sun shines. -Satchel Paige

You miss 100% of the shots you don't take. -Wayne Gretzky

You're 5 foot nothin', 100 and nothin' and you have nearly a speck of athletic ability. And you hung in there with the best college football team in the land for two years. And you're gonna walk outta here with a degree from the University of Notre Dame. In this life, you don't have to prove nothin' to nobody but yourself. -Fortune from Rudy



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